



D4D'S 2016 CRUSADER ACADEMY

Development happens when time is spent working on intricate aspects of the game, making your weakness your strength and your strength instinctive.

PURPOSE: This program was developed to ELEVATE the OVERALL Carolina Crusader Club level of play. This is a "no fluff" training and conditioning program that will take your game to the next level through repetitive skill development and confidence building. This program is set up to incorporate all the skills needed to play AAU basketball with the goal of high school and college play! This is where your skill set can become "instinctive and reactive". Biomechanically speaking, your ability will

develop and change over from full concentration to reaction, and will elevate as you develop your fundamentals and sensory for the game of basketball.

DATES and TIMES: Tuesdays, Wednesdays, and Thursdays 9:30 a.m. to 11:00 a.m. on the following dates: June 14th, 15th, 16th, 21st, 22nd, 23rd, 28th, 29th, 30th, July 19th, 20th, 21st, 26th, 27th, 28th, August 2nd, 3rd, and 4th. 2:00 p.m. to 3:30 p.m. on the following dates: July 12th, 13th, and 14th.

LOCATION: Francis Asbury UMC gymnasium (D4D's home gym), 1800 E. North Street, Greenville, SC.

ELIGIBILITY: All current CCC athletes as well as new players wanting to participate on a Crusader team.

All athletes will be assigned a team by age and grade level and will be registered as a player for the Crusaders playing in The Basketball of the Carolinas Association. This is **mandatory** for secondary insurance coverage.

FACILITATED BY: State and National Coach Robert Hawthorne. Robert is the High School girls coach for the Carolina Crusaders.

COST: Tuesdays, Wednesdays, and Thursdays (all 21 sessions) - \$325.00. Individual days - \$20/session. Checks must be made payable to Dribble for Destiny.

NAME _____ GRADE IN FALL 2016 _____

CURRENT AGE _____ DOB _____ EMAIL _____

ADDRESS _____

PRIMARY CONTACT # _____ SECONDARY # _____

PARENT'S SIGNATURE _____

If you need scholarship information, please contact Lisa @ info@dribble4destiny.org.

By signing the line above, I claim that my son or daughter has had a physical and is cleared to play basketball which is an intense activity. I certify that we have insurance to cover any incident that occurs due to the nature of this activity. I am the legal guardian and have authority to release Dribble for Destiny and Francis Asbury United Methodist Church from any charges related to an injury occurring at this volunteered activity.